



- Pray Morning or Evening Prayer
- Opening Prayer: Fishermen's Prayer
- Review from last session: Are there any insights anyone would like to share about their Lectio Divina this past week.
- Introduction: This session we will begin our final area of study in our Fishermen CORE Training – The Catechism of the Catholic Church and the Sacraments.
  - Play Video: <https://youtu.be/YJDZ6HBkSJY> or from Catholic Fishermen Website (30 minutes)

### **The Catechism of the Catholic Church/Liturgy/Sacraments**

- Objective: Candidates gain a basic understanding of where the Catechism of the Catholic Church (CCC) came from, how it is organized, and when it was published. Candidates garner a greater understanding and appreciation for the seven sacraments of the Church. This increased appreciation will hopefully lead them to wishing to obtain the Sanctifying Graces available through the sacraments more often.
- Overview: While many Catholics own their own copy of the Catechism of the Catholic Church (CCC), few have actually taken the time to read and understand it. They look upon the CCC as a reference book that is on the shelf it ever be needed.
  - The CCC is broken down into four major parts:
    - The Profession of Faith (The Creed)
    - The Celebration of the Christian Mystery (Seven Sacraments)
    - Life in Christ (The Moral Life)
    - Christian Prayer
  - During class sessions we will cover The Celebration of the Christian Mystery – the Seven Sacraments. The two-fold purpose of choosing this section is first and foremost – candidates will receive a thorough understanding of Sanctifying Graces and the Seven Sacraments. In addition, they will come to understand the beauty and grace that is the CCC. The CCC is not a reference book but a book that can be read cover to cover with ease.
  - During this course of study candidates will be given an opportunity to lead the instruction and discussion for each of the sacraments. The purpose of this is to give those who choose to, an opportunity to lead. This opportunity may give them the confidence to say “Yes” during the Into the Deep Evangelization



Workshop when they are asked if they are called to be Fishermen Guides. Often times men feel called but lack the confidence to step forward.

Session	Topic	Sacrament(s)	Catechism Paragraphs
1	Overview of Catechism and Introduction	The Celebration of the Christian Mystery and Liturgy	1066-1209
2	Sacraments of Initiation I	Baptism and Confirmation	1210-1321
3	Sacraments of Initiation II	Eucharist	1322-1421
4	Sacraments of Healing	Penance & Reconciliation Anointing of the Sick	1422-1498 1499-1535
5	Sacraments of Service	Holy Orders, Matrimony & Sacramentals	1536-1690

### The Catechism of the Catholic Church

#### ➤ Catechism Overview

- Paragraph numbers – how to navigate through the CCC...
- What I am demonstrating for you is our method of instruction for the Sacraments. You will read the paragraphs assigned. Highlight those areas that stick out to you. I have done that so now I am going to share those areas with you.
- If you have other areas that I skip over that you would like to discuss – stop me and share your thoughts or questions.

#### ➤ Liturgy

- 1069 The word "liturgy" originally meant a "public work" or a "service in the name of/on behalf of the people." In Christian tradition it means the participation of the People of God in "the work of God." Through the liturgy Christ, our redeemer and high priest, continues the work of our redemption in, with, and through his Church.
- 1070 In the New Testament the word "liturgy" refers not only to the celebration of divine worship but also to the proclamation of the Gospel and to active charity. In all of these situations it is a question of the service of God and neighbor.



- *Prayer and Liturgy* 1073 The liturgy is also a participation in Christ's own prayer addressed to the Father in the Holy Spirit. In the liturgy, all Christian prayer finds its source and goal.
- 1074 "The liturgy is the summit toward which the activity of the Church is directed; it is also the font from which all her power flows."
- 1076 In this age of the Church Christ now lives and acts in and with his Church, in a new way appropriate to this new age. He acts through the sacraments in what the common Tradition of the East and the West calls "the sacramental economy"; this is the communication (or "dispensation") of the fruits of Christ's Paschal mystery in the celebration of the Church's "sacramental" liturgy.
- **FATHER – Source and Goal of the Liturgy**
  - *What is a Blessing* 1077 Blessing is a divine and life-giving action, the source of which is the Father; his blessing is both word and gift. When applied to man, the word "blessing" means adoration and surrender to his Creator in thanksgiving.
  - 1082 In the Church's liturgy the divine blessing is fully revealed and communicated. The Father is acknowledged and adored as the source and the end of all the blessings of creation and salvation. In his Word who became incarnate, died, and rose for us, he fills us with his blessings. Through his Word, he pours into our hearts the Gift that contains all gifts, the Holy Spirit.
- **CHRIST'S Work in the Liturgy**
  - 1084 Christ now acts through the sacraments he instituted to communicate his grace. The sacraments are perceptible signs (words and actions) accessible to our human nature. By the action of Christ and the power of the Holy Spirit they make present efficaciously the grace that they signify.
  - 1087 Thus the risen Christ, by giving the Holy Spirit to the apostles, entrusted to them his power of sanctifying; they became sacramental signs of Christ. By the power of the same Holy Spirit, they entrusted this power to their successors. This "apostolic succession" structures the whole liturgical life of the Church and is itself sacramental, handed on by the sacrament of Holy Orders.
- **The HOLY SPIRIT and the CHURCH in the Liturgy**
  - 1098 The assembly should prepare itself to encounter its Lord and to become "a people well disposed." The preparation of hearts is the joint work of the Holy Spirit and the assembly, especially of its ministers. The grace of the Holy Spirit seeks to awaken faith, conversion of heart, and adherence to the Father's will. These dispositions are the precondition both for the reception of other graces



conferred in the celebration itself and the fruits of new life which the celebration is intended to produce afterward.

- 1101 The Holy Spirit gives a spiritual understanding of the Word of God to those who read or hear it, according to the dispositions of their hearts.
- 1105 The *Epiclesis* ("invocation upon") is the intercession in which the priest begs the Father to send the Holy Spirit, the Sanctifier, so that the offerings may become the body and blood of Christ and that the faithful by receiving them, may themselves become a living offering to God.

➤ **The PASCHAL Mystery in the Church's Sacraments**

- 1113 The whole liturgical life of the Church revolves around the Eucharistic sacrifice and the sacraments. There are seven sacraments in the Church: Baptism, Confirmation or Chrismation, Eucharist, Penance, Anointing of the Sick, Holy Orders, and Matrimony.
- 1114 "Adhering to the teaching of the Holy Scriptures, to the apostolic traditions, and to the consensus . . . of the Fathers," we profess that "the sacraments of the new law were . . . all instituted by Jesus Christ our Lord."
- 1117... Thus the Church has discerned over the centuries that among liturgical celebrations there are seven that are, in the strict sense of the term, sacraments instituted by the Lord.
- 1120 The ordained ministry or ministerial priesthood is at the service of the baptismal priesthood. The ordained priesthood guarantees that it really is Christ who acts in the sacraments through the Holy Spirit for the Church.
- 1121 The three sacraments of Baptism, Confirmation, and Holy Orders confer, in addition to grace, a sacramental character or "seal" by which the Christian shares in Christ's priesthood and is made a member of the Church according to different states and functions.
- 1123 "The purpose of the sacraments is to sanctify men, to build up the Body of Christ and, finally, to give worship to God.
- 1127 Celebrated worthily in faith, the sacraments confer the grace that they signify. They are efficacious because in them Christ himself is at work: it is he who baptizes, he who acts in his sacraments in order to communicate the grace that each sacrament signifies.
  - **As fire transforms into itself everything it touches, so the Holy Spirit transforms into the divine life, whatever is subjected to his power.**



- 1128 This is the meaning of the Church's affirmation that the sacraments act *ex opere operato* (literally: "by the very fact of the action's being performed"), i.e., by virtue of the saving work of Christ, accomplished once for all. It follows that "the sacrament is not wrought by the righteousness of either the celebrant or the recipient, but by the power of God." From the moment that a sacrament is celebrated in accordance with the intention of the Church, the power of Christ and his Spirit acts in and through it, independently of the personal holiness of the minister. Nevertheless, the fruits of the sacraments also depend on the disposition of the one who receives them.
- 1129 The Church affirms that for believers the sacraments of the New Covenant are necessary for salvation. "*Sacramental grace*" is the grace of the Holy Spirit, given by Christ and proper to each sacrament. The Spirit heals and transforms those who receive him by conforming them to the Son of God.
- **CELEBRATING THE CHURCH'S LITURGY**
  - 1136 Liturgy is an "action" of the whole Christ (*Christus totus*). Those who even now celebrate it without signs are already in the heavenly liturgy, where celebration is wholly communion and feast.
- Pillar Focus – March Pillar of the Month: **Monthly Confession**
- Thank everyone for committing this time to grow in their relationship with God.
- FM Guides: Witness very briefly about how learning more and participating in the sacramental life of the Church has impacted your life. (*Very brief and only as inspired by the Holy Spirit*)
- Reminder for next meeting date and time
- Closing Prayer – Call for intentions and Closing Prayer.