



- Pray Evening Prayer
- Opening Prayer: Fishermen's Prayer
- Review from last session: How did praying the Liturgy of the Hours go this week? *Go around the room and inquire with each person.*
- Introduction: Lectio Divina (Divine Reading) provides us a method for meditating and praying contemplatively with Sacred Scripture.
 - Handout Fishermen Lectio Divina reference cards.
 - Video: https://youtu.be/Dokcu4S_l8o or from Catholic Fishermen Website (20 minutes)
- Let's do it!
 - Ask if there are any questions from the video.
 - Ensure everyone has a Bible, materials for taking notes and has located the Scripture reference for this session.
 - Go through the introductory prayers together before releasing the candidates to find a quiet place to pray.
 - Have the candidates spend 25 minutes praying with the assigned Scripture, preferably in the Church with the Blessed Sacrament.
 - On our first Lectio we will focus on our Relationship with Jesus Christ and His Church. **Gospel of John 15:4-17**
 - After 25 minutes – bring all the men together and facilitate a discussion.
 - Which were you drawn too: Imaginative or reflective meditation?
 - Ask if anyone is willing to share their prayer experience with the group? Responses should be voluntary.
 - Potential Themes:
 - Abiding in Christ results in fruitful love
 - True joy not found in circumstances but in relationship with Christ
 - Jesus calls us deeper into relationship with Him
 - Men are called to Christ-like self-sacrificial love
 - We are chosen to go and bear fruit



- Pillar Focus – February Pillar of the Month: **Praying Lectio Divina**
- Thank everyone for committing this time God and their personal faith journey.
- FM Guides: Witness very briefly about how praying Lectio Divina has impacted your life. *(Very brief and only as inspired by the Holy Spirit)*
- Closing Prayer – Call for intentions and Closing Prayer.

John 15:4-17 - "Remain in me, as I remain in you. Just as a branch cannot bear fruit on its own unless it remains on the vine, so neither can you unless you remain in me. I am the vine; you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing. Anyone who does not remain in me will be thrown out like a branch and wither; people will gather them and throw them into a fire and they will be burned. If you remain in me and my words remain in you, ask for whatever you want and it will be done for you. By this is my Father glorified, that you bear much fruit and become my disciples. As the Father loves me, so I also love you. Remain in my love. If you keep my commandments, you will remain in my love, just as I have kept my Father's commandments and remain in his love. "I have told you this so that my joy may be in you and your joy may be complete.