



- Pray Rosary
- Opening Prayer: Fishermen's Prayer
- Introduction:
 - Spend a few minutes talking about the consecration and ask if anyone is willing to share their experience of the consecration and what has happened since.
 - If anyone completed the consecration on their own, but not with the group, make arrangements to get them a certificate.
- Assign reading the Fishermen Manual for Sessions 12 through 14 which is available online under CORE Training/LOH tab.
 - Play first video: **Introduction to the Liturgy of the Hours**
(https://youtu.be/ExF9_WwJY3o)
 - The initial video will go for about 27 minutes. Following the Introduction – there is a second presentation that goes through Sunday Morning Prayer Week I. This will last another 15 minutes. You may pause the video in between the two videos.
 - Discuss video:
 - Assist the candidates in setting up their books for the next day's morning prayer, placing the ribbons in the correct locations.
 - Answer any questions they may have.
 - Next week, we will begin our CORE Training with Evening Prayer.
- Pillar Focus – January Pillar of the Month: **Daily Prayer**
- Thank everyone for committing this time God and their personal faith journey.
- FM Guides: Witness very briefly about how praying the LOH has impacted your life.
(*Very brief and only as inspired by the Holy Spirit*)
- Closing Prayer – Call for intentions and Closing Prayer.