



- Pray Rosary
- Opening Prayer: Fishermen's Prayer
- Introduction:
 - Any feedback from last session's topics:
 - **Fasting and Mortification**
 - **How a Virtuous Life Leads to Joy**
 - Any feedback from the MCRC reading for this past week:
 - Spend some time discussing the different topics covered in the reading for the past week.
- Play first video: **Sacramentals and Devotions**
 - Discuss video:
 - What are Sacramentals? Examples?
 - *Sacred signs which used to prepare for the sacraments and sanctify various aspects of life. They are not sacraments themselves, which are instituted by Christ, but they are instituted by the Church to obtain grace and protect against evil through the intercession of the Church. (Sign of the cross, holy water, blessed medals, scapulars, and prayers).*
 - What are devotions? What are some examples?
 - Private, non-liturgical prayers/practices used to worship God and honor saints
 - Praying the Rosary / Stations of the Cross / Divine Mercy chaplet
 - Expressions of faith (in addition to Mass) / provides ways to engage with God, contemplate His word, and grow in virtue.
 - Do you have special devotion to Mary? Do you pray the rosary?
- Play second video: **Immaculate Heart of Mary / Apparitions**
 - Discuss video:
- **What does the Immaculate Heart of Mary represent?**
 - Purity and Love: It symbolizes Mary's perfect, sinless purity and her love for God.
 - Interior Life: The devotion contemplates her inner life, including her joys and sorrows, as well as her unwavering faith and docility to the Holy Spirit.



- Cooperation with God: It honors her complete cooperation with God in Jesus mission.
- **Practices of the Devotion**
 - First Saturdays Devotion: Instituted by Mary at Fatima, five consecutive first Saturdays of the month: Confession / Mass / Rosary / Meditation / Intention to make reparation.
 - Acts of Reparation: Making amends for the blasphemies/ingratitude that offend.
- **Marian Apparitions**
 - Our Lady of Guadalupe (1531)
 - Saint Juan Diego / Tilma with Sacred Image
 - Message: Mary is Queen and Mother of all / Not to worry – entrust you cares to her / Patroness of Pro-Life Movement
 - Our Lady of Lourdes (1858)
 - Appeared and prayed rosary with Bernadette
 - Declared “I am the Immaculate Conception” – (Pope Pius IX – 1854)
 - Message: Salvific value of suffering / Honor her Son with Eucharistic Processions / Lover of children and the sick / Listen to the Church
 - Our Lady of Fatima (1917)
 - Three children: Lucia, Francisco and Jacinta
 - Called Herself: Our Lady of the Rosary
 - Message: Pray the Rosary / First Saturday / Communion & Confession
- **Consecration Final Notes**
 - There are forces in the world that do not wish for you to complete this Marian Consecration. If you miss a day or two – do not give up!
- **Pillar Focus – December Pillar of the Month: Frequent Mass**
- Thank everyone for committing this time God and their personal faith journey.
- **FM Guides:** Witness very briefly about how learning about Marian Consecration has impacted your life. (*Very brief and only as inspired by the Holy Spirit*)
- Reminder for next meeting date and time
- Closing Prayer – Call for intentions and Closing Prayer.