



Agenda Session 2

- Pray Rosary
- Opening Prayer: Fishermen's Prayer
- Reminders about meeting rules:
 - 100% participation – but briefly so everyone gets an opportunity to share.
- Confidentiality, Be Supportive, Brotherhood
- Icebreaker: What is your favorite thing to do when you are not working?
- Introduction:
 - Any feedback from our topics of Masculinity and Brotherhood from last week?
 - Were we able to engage any of the **goals** from last week?
 - Masculinity: Fast one day per week / Read about a Saint / Imitate Christ – Begin Reading one of the Gospels – one chapter per day.
 - Brotherhood: Join in prayer with fellow Catholic men / Strengthen bonds of friendship through serving.
- Play first video: **Leadership**
 - Discuss video:
 - What does it mean to be “great” or to strive for greatness? What things does a great man do – or not do?
 - Optional - Please watch the video on Magnanimity by Father Mike Schmitz in preparation for this section. He gives a great short explanation (9 min) on this virtue that is very relevant to this discussion.
 - <https://www.youtube.com/watch?v=vkaellmuzn4>
 - How do we distinguish false humility from real humility?
 - What do you think it means to be a servant leader? Is there anyone in your life right now that exhibits those traits?
 - How important is it for a Catholic leader to be a man of virtue? What does that even mean?
 - Scripture Reflection: *Learn to do good. Make justice your aim: redress the wronged, hear the orphan's plea, defend the widow.* (Isaiah 1:17)



- Goals for the week ahead:
 - Pray for Wisdom – reflect on the Book of Proverbs.
 - Strive for Great things! Watch the video on Magnanimity and learn the meaning of true humility.
 - Read about great leaders in history (Abraham Lincoln, Pope St. John Paul II)
- Play second video: **Fatherhood**
 - Discuss video: Discuss questions from the *Into the Breach* Participant Guide
 - Tell me practices in our culture that diminish the role of Fatherhood?
 - What does it mean to form our children? How do the actions of a father form and shape the person his children will become?
 - It is easy for a man to become passive in today's world. What can we do to remain mindful of our purpose and mission so that we do not slip into passivity?
 - Scripture Reflection: *“What father among you would hand his son a snake when he asks for a fish? Or hand him a scorpion when he asks for an egg? If you then, who are wicked, know how to give good gifts to your children, how much more will the Father in heaven give the holy Spirit to those who ask him?” (Luke 11:11-13)*
 - Goals for the week ahead:
 - **Light a candle.** As spiritual leader of your family, on a regular basis make it a point to visit your parish church with your children on a day other than Sunday to visit the Blessed Sacrament, pray and light some candles for your children's intentions and those of the family.
 - **Watch a movie.** Watch a movie as a family where a positive vision of fatherhood is a strong theme. Discuss with your children the film's portrayal of fatherhood and what it means to be a good father.
 - **Look to St. Joseph.** Learn how to be a better father from St. Joseph by increasing your devotion to this great saint, the most chaste spouse of the Blessed Virgin Mary and foster father to the Son of God. Choose a specific prayer or devotion to Saint Joseph to say daily. Get a statue of St. Joseph to display in the home. On a weekly or month basis choose a Scripture passage featuring St. Joseph and meditate on his role in it.



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- Pillar Focus – September Pillar of the Month: **Commitment**
- Thank everyone for committing this time God and their personal faith journey.
- FM Guides: Witness very briefly about how learning about Leadership or Fatherhood has impacted your life. (*Very brief and only as inspired by the Holy Spirit*)
- Reminder for next meeting date and time
- Closing Prayer – Call for intentions and Closing Prayer.

Note: Excerpts for this session have been copied from the Knights of Columbus: [Into the Breach Video Series Study Guide](#). (2021)